

Local Wellness Policy: Triennial Assessment Summary

General Information

LEA: Calhoun County Schools

Month and year of current assessment: May 2023

Date of last Local Wellness Policy revision: 04/20/2017

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment: <https://al01901382.schoolwires.net/Page/3622>

Wellness Committee Information

How often does your district wellness committee meet? Every three years

District Wellness Coordinator

Name	School	Job Title	Email Address
Morgan Cox Jennings	CCBOE	CNP Director	mjennings@ccboe.us

Designated Wellness Assessment Leader (can be the District Wellness Coordinator)

Name	School	Job Title	Email Address
Morgan Cox Jennings	CCBOE	CNP Director	mjennings@ccboe.us

District Wellness Committee Members

Name	School	Job Title	Email Address
Frances Barker	AES	CNP Manager	fbarker.ae@ccboe.us
Kassandra Hatcher	AMS	CNP Manager	khatcher.am@ccboe.us
Tracey Gaddy	AHS	CNP Manager	tgaddy.ah@ccboe.us
Alvin Johnson	OHS	CNP Manager	ajohnson.oh@ccboe.us
Kim Grimes	OES	CNP Manager	kgrimes.oe@ccboe.us

Nancy Kelley	PVES	CNP Manager	nkelly.pe@ccboe.us
Christie Shew	PVHS	CNP Manager	cshew.pv@ccboe.us
Lana Lewis	SES	CNP Manager	lewis.se@ccboe.us
Kiesha Martin	SHS	CNP Manager	kmartin.sh@ccboe.us
Heather Williams	SMS	CNP Manager	william.sm@ccboe.us
Brandi Henderson	WES	CNP Manager	bhendens.we@ccboe.us
Wesley Hobbs	WHS	CNP Manager	hobbs.wh@ccboe.us
Angie Hammett	WWES	CNP Manager	ahammett.ww@ccboe.us
Kim Hubbard	WWHS	CNP Manager	khubbard.wl@ccboe.us
Cindy Haynes	WPES	CNP Manager	chaynes.wk@ccboe.us
Sharon Green	WPMS	CNP Manager	sgreen.wp@ccboe.us
Patsy Elder	WPHS	CNP Manager	pelder.wp@ccboe.us
Joe Weaver	Community Member	CEO Stringfellow Memorial Hospital	jweaver1224@aol.com

Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- Alliance for a Healthier Generation Model Policy
- WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- Other (please specify): _____

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

Compared to the model wellness policy, Calhoun County Schools scored a 97 in total comprehensiveness and an 87 in total strength. Goals and standards that were met included the following:

- Nutrition Education
- Standards for USDA School Meals
- Nutrition Standards for Competitive and Other Foods and Beverages
- Physical Education and Physical Activity
- Wellness Promotion and Marketing
- Implementation, Evaluation, and Communication

Section 2. Progress towards Goals

***NOTE: Required components are listed in blue.**

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule and ALSDE: • All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the USDA regulations for the National School Lunch and School Breakfast programs</p> <ul style="list-style-type: none"> • All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu) • Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA. <p>If applicable, list additional school goals below:</p>	<ul style="list-style-type: none"> • Continue plan towards goals and compliance as directed in our wellness policy. • Keep smart snacks policy and guidelines readily available to all school staff.

<p>Access to free potable water on campus</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p>List how access to potable water is made available in schools.</p> <ul style="list-style-type: none"> • Water fountains, dispensers, and hydration stations throughout the school. 	<p>Continue to provide cold, fresh water at no charge to all students during meal times.</p>

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

<p>Guidelines for other foods and beverages available on the school campus, but not sold</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with ALSDE: All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</p> <p>If applicable, list additional school goals below:</p>	<ul style="list-style-type: none"> ● Continue with plans and goals per our wellness policy. ● Continue to follow the smart snacks policy and guidelines as directed by the USDA.

<p>Marketing and advertising of only foods and beverages that meet Smart Snacks</p>	<p>Describe progress and next steps:</p>
<p>To be compliant with the USDA final rule: Our school only markets or advertises foods and beverages that meet the USDA Smart Snacks in School nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<ul style="list-style-type: none"> ● Continue with plans and goals per our wellness policy. ● Continue to follow the smart snacks policy and guidelines as directed by the USDA.

Section 2. Progress towards Goals continued

*NOTE: Required components are listed in blue.

Physical Activity Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools:</p> <ul style="list-style-type: none"> ● P.E. classes offered to all students. ● Opportunity to participate in community league and after-school sports and activities. 	<ul style="list-style-type: none"> ● Continue to follow our goals and plans as outlined in our wellness policy.

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <ul style="list-style-type: none"> ● Classroom activities and lessons ● Compliant nutrition promotion and advertising as outlined per the Smart Snacks guidelines. ● Health promoting fundraisers like 5K run/walks, jump rope-a-thons, fruit sales, etc. ● Monthly health and wellness calendars provided to staff. ● District will employ a licensed and registered dietitian as the CNP Director. 	<ul style="list-style-type: none"> ● Continue to follow our goals and plans as outlined in our wellness policy.

Section 2. Progress towards Goals continued

***NOTE: Required components are listed in blue.**

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p>List other school-based activities that are offered by the district:</p> <ul style="list-style-type: none"> ● Menu development activities/competitions ● Taste-testing of new menu items ● School gardens ● Wellness committee for the district 	<ul style="list-style-type: none"> ● Continue to follow our goals and plans as outlined in our wellness policy.

CHECKLIST:

Triennial Assessment was made public: Date: 05/19/2023

Updated Wellness Policy received Board approval: (if applicable) Date: 05/18/2023

Wellness Policy was made public: Date: 05/19/2023