

# Calhoun County Schools

## Middle School Breakfast

August 2024

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 8/5/2024	Tue - 8/6/2024	Wed - 8/7/2024  Ham Cheese Croissant Juice Fruit 1% Milk Chocolate Milk	Thu - 8/1/2024 Thu - 8/8/2024  Sausage & Pancake Stick Syrup Fruit Juice 1% Milk Chocolate Milk	Fri - 8/2/2024 Fri - 8/9/2024  Cherry Frudel Yogurt Juice Fruit 1% Milk Chocolate Milk
Mon - 8/12/2024  Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 8/13/2024  Chicken Biscuit Fruit Juice 1% Milk Chocolate Milk	Wed - 8/14/2024  Emoji Waffles Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Thu - 8/15/2024  Breakfast Sausage Pizza Juice Fruit 1% Milk Chocolate Milk	Fri - 8/16/2024  CinnaMinis Yogurt Fruit Juice 1% Milk Chocolate Milk
Mon - 8/19/2024  Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 8/20/2024  Mini Waffles Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Wed - 8/21/2024  Egg and Cheese Biscuit Fruit Juice 1% Milk Chocolate Milk	Thu - 8/22/2024  Breakfast Bagel Fruit Juice 1% Milk Chocolate Milk	Fri - 8/23/2024  Soft Cinnamon Toast Bar Yogurt Juice Fruit 1% Milk Chocolate Milk
Mon - 8/26/2024  Poptart String Cheese OR Cereal Yogurt Juice Fruit 1% Milk Chocolate Milk	Tue - 8/27/2024  Mini Berry Pancakes Sausage Patty Syrup Juice Fruit 1% Milk Chocolate Milk	Wed - 8/28/2024  French Toast Sticks Sausage Link Syrup Fruit Juice 1% Milk Chocolate Milk	Thu - 8/29/2024  Sausage Biscuit Fruit Juice 1% Milk Chocolate Milk	Fri - 8/30/2024  E-Learning Day

Meals must have 1/2 cup fruit or vegetable.  
Menu is subject to change.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.