## Calhoun County Schools

Page 1

## High School Breakfast August 2024

Apr 23, 2024

Monday	Tuesday	Wednesday	Thursday	Friday
			Thu - 8/1/2024	Fri - 8/2/2024
Mon - 8/5/2024	Tue - 8/6/2024	Wed - 8/7/2024	Thu - 8/8/2024	Fri - 8/9/2024
		Ham Cheese Croissant	Sausage & Pancake Stick	Cherry Frudel
		Juice	Syrup	Yogurt
		Fruit	Fruit	Juice
		1% Milk	Juice	Fruit
		Chocolate Milk	1% Milk	1% Milk
		Circonate mini	Chocolate Milk	Chocolate Milk
Mon - 8/12/2024	Tue - 8/13/2024	Wed - 8/14/2024	Thu - 8/15/2024	Fri - 8/16/2024
Poptart	Chicken Biscuit	Emoji Waffles	Breakfast Sausage Pizza	CinnaMinis
String Cheese	Fruit	Sausage Link	Juice	Yogurt
OR	Juice	Syrup	Fruit	Fruit
Cereal	1% Milk	Fruit	1% Milk	Juice
Yogurt	Chocolate Milk	Juice	Chocolate Milk	1% Milk
Juice	Chocolate Milk	1% Milk	Chocolate Wilk	Chocolate Milk
		1 , , ,		Chocolate Wilk
Fruit		Chocolate Milk		
1% Milk				
Chocolate Milk				
Mon - 8/19/2024	Tue - 8/20/2024	Wed - 8/21/2024	Thu - 8/22/2024	Fri - 8/23/2024
Poptart	Mini Waffles	Egg and Cheese Biscuit	Breakfast Bagel	Soft Cinnamon Toast Bar
String Cheese	Sausage Link	Fruit	Fruit	Yogurt
OR	Syrup	Juice	Juice	Juice
Cereal	Fruit	1% Milk	1% Milk	Fruit
Yogurt	Juice	Chocolate Milk	Chocolate Milk	1% Milk
Juice	1% Milk	Chocolate Wilk	Chocolate Wilk	Chocolate Milk
	Chocolate Milk			Chocolate Wilk
Fruit	Chocolate Milk			
1% Milk				
Chocolate Milk				
Mon - 8/26/2024	Tue - 8/27/2024	Wed - 8/28/2024	Thu - 8/29/2024	Fri - 8/30/2024
Poptart	Mini Berry Pancakes	French Toast Sticks	Sausage Biscuit	E-Learning Day
String Cheese	Sausage Patty	Sausage Link	Fruit	J 7
OR	Syrup	Syrup	Juice	
Cereal	Juice	Fruit	1% Milk	
Yogurt	Fruit	Juice	Chocolate Milk	
Juice	1% Milk	1% Milk	Oncolate Wilk	
Fruit	Chocolate Milk	Chocolate Milk		
1% Milk	CHOCOIALE IVIIIK	CHOCOIALE WIIK		
1% MIIK Chocolate Milk				
CHOCOIALE WIIK				

Meals must have 1/2 cup fruit or vegetable. Menu is subject to change.

<sup>\*</sup>N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

<sup>\* -</sup> denotes combined nutrient totals with either missing or incomplete nutrient data.