

# Calhoun County Schools

## Elementary Lunch

May 2019

| Monday   | Tuesday  | Wednesday   | Thursday  | Friday  |
|--|--|---|---|---|
|  |  | May - 1<br><br>Hot Wings<br>Romaine Spinach Sala<br>Ranch Dressing<br>Carrot Sticks w/Dip<br>Tortilla Chips<br>Mixed Fruit<br>Milk Choice | May - 2<br><br>Ranch Parmesan Chic<br>Glazed Carrots<br>Chopped Romaine<br>Ranch Dressing<br>Sliced Peaches<br>Milk Choice                                | May - 3<br><br>Corndog<br>Baked Beans<br>Creamy Coleslaw<br>Banana<br>Brownie, WG<br>Milk Choice  |
| May - 6<br><br>Chicken Nuggets<br>Green Beans<br>Potatoes, Roasted<br>Sliced Peaches<br>Roll, Whole Wheat<br>Milk Choice | May - 7<br><br>Mexican Skillet<br>WK Corn<br>Chopped Romaine and<br>Ranch Dressing<br>Tortilla Chips<br>Mandarin Oranges<br>Cookie, Sugar<br>Milk Choice | May - 8<br><br>Chicken Fajita<br>Refried Beans<br>Chopped Romaine<br>Tomatoes<br>Apple<br>Milk Choice                                     | May - 9<br><br>Cheese Pizza Dippers<br>Carrot Sticks w/Dip<br>Marinara Sauce<br>Chopped Romaine and<br>Ranch Dressing<br>Chilled Pineapple<br>Milk Choice | May - 10<br><br>Burrito, Beef & Bean I<br>Pinto Beans<br>Chopped Romaine and<br>Ranch Dressing<br>Pears<br>Milk Choice                                  |
| May - 13<br><br>Sloppy Joes<br>Creamy Coleslaw<br>Oven Fries<br>Apple<br>Milk Choice                                     | May - 14<br><br>Chix Sandwich<br>Baked Beans<br>Sweet Potatoes Fries<br>Sliced Peaches<br>Brownie, WG<br>Milk Choice                                     | May - 15<br><br>Hamburger<br>Potatoes, Rds/Tots<br>Glazed Carrots<br>Pears<br>Cookie, Carnival<br>Milk Choice                             | May - 16<br><br>Hotdog<br>Baked Beans<br>Chopped Romaine<br>Ranch Dressing<br>Chilled Pineapple<br>Milk Choice  | May - 17<br><br>Pizza, Pepperoni 4X6,<br>California Vegetables<br>Romaine Spinach Sala<br>Ranch Dressing<br>Breadstick WW<br>Mixed Fruit<br>Milk Choice |
| May - 20<br><br>Fish Nuggets<br>Corn Nuggets<br>Creamy Coleslaw<br>Green Beans<br>Mandarin Oranges<br>Milk Choice        | May - 21<br><br>Spaghetti<br>WK Corn<br>Romaine Spinach Sala<br>Ranch Dressing<br>Pears<br>Breadstick WW<br>Milk Choice                                  | May - 22<br><br>Steak Nuggets<br>Mashed Potatoes<br>Gravy<br>Green Beans<br>Sliced Peaches<br>Rolls, WW<br>Milk Choice                    | May - 23<br><br>Crispito<br>Cheddar Cheese, Shre<br>Pinto Beans<br>Chopped Romaine and<br>Ranch Dressing<br>Apple<br>Milk Choice                          | May - 24<br><br>Inservice   |
| May - 27<br><br>Memorial Day   | May - 28   | May - 29  | May - 30  | May - 31  |

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program. Menu is subject to change.

*\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

*\* - denotes combined nutrient totals with either missing or incomplete nutrient data.*

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.