

Calhoun County Schools

August 2019

Jun 25, 2019

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Monday	Tuesday	Wednesday	Thursday	Friday
			Aug - 1 Inservice	Aug - 2 Inservice
Aug - 5 Chicken Tenders Mashed Potatoes Gravy Green Peas Pears Whole Wheat Roll Milk Choice	Aug - 6 Hot Wings Romaine Spinach Sala Ranch Dressing Celery Sticks w/dip Tortilla Chips Pineapple Bread Stick Cookie, Sugar Milk Choice	Aug - 7 Burrito OR Chicken Fajita Refried Beans Chopped Romaine Tomatoes Sliced Peaches Cookie, Carnival Milk Choice	Aug - 8 Hamburger OR Salisbury Steak Potatoes, Roasted Green Beans Mandarin Oranges Belly Bears WG Choc Breadstick WW Milk Choice	Aug - 9 Turkey Sandwich OR Pizza, Pocket peppero Corn, Whole Kernel Chopped Romaine Tomatoes Applesauce Milk Choice
Aug - 12 Hamburger OR Fish Sandwich Corn Nuggets Creamy Coleslaw Glazed Carrots Apple Toasted Bun Milk Choice	Aug - 13 Steak Nuggets Gravy Mashed Potatoes Green Beans Mandarin Oranges Whole Wheat Roll Milk Choice	Aug - 14 Turkey Sandwich OR Lasagna Roll Broccoli Romaine Spinach Sala Ranch Dressing Tomatoes Pineapple Whole Wheat Roll Milk Choice	Aug - 15 Grill Chix Wrap OR Cheese Pizza Dippers Marinara Sauce Carrot & Celery Sticks Romaine Spinach Sala Ranch Dressing California Vegetables Pears Fresh Belly Bears WG Choc Milk Choice	Aug - 16 Corndog OR Hotdog Sweet Potatoes Fries Baked Beans Sliced Peaches Milk Choice
Aug - 19 Turkey Sandwich Mexican Skillet WK Corn Steamed Broccoli Tortilla Chips Cheddar Cheese, Shre Sliced Peaches Belly Bears WG Cin Milk Choice	Aug - 20 Hamburger OR Meatball Sub Carrot Sticks w/Dip Romaine Spinach Sala Tomatoes Ranch Dressing Pineapple Cookie, Sugar Milk Choice	Aug - 21 Chicken Nuggets Gravy Mashed Potatoes Black Eye Peas Mandarin Oranges Whole Wheat Roll Milk Choice	Aug - 22 Chix Sandwich OR Cheesy Chicken & Ric Romaine Spinach Sala Tomatoes Ranch Dressing Glazed Carrots Apple Whole Wheat Roll Milk Choice	Aug - 23 Cheeseburger OR BBQ Pork Sandwich Oven Fries Steamed Broccoli Fruit Cocktail Brownie, WG Milk Choice
Aug - 26 Hamburger OR Stroganoff Buttered Noodles Glazed Carrots Romaine Spinach Sala Ranch Dressing Apple Breadstick WW Milk Choice	Aug - 27 Crispito Cheddar Cheese, Shre WK Corn Romaine Spinach Sala Tomatoes Ranch Dressing Sliced Peaches Belly Bears WG Choc Milk Choice	Aug - 28 Turkey Wrap OR Ranch Parmesan Chic Green Beans Glazed Carrots Mixed Fruit Bread Stick Milk Choice	Aug - 29 Chix Sandwich OR Taco With Chips Cheddar Cheese, Shre Pinto Beans Romaine Spinach Sala Tomatoes Ranch Dressing Apple Cookie, Chocolate Chi Crackers Milk Choice	Aug - 30 Pizza, Pepperoni 4X6, California Vegetables Romaine Spinach Sala Ranch Dressing Tomatoes Carrot Sticks w/Dip Pineapple Milk Choice

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program. Menu is subject to change.

***N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.**

*** - denotes combined nutrient totals with either missing or incomplete nutrient data.**

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.