

Calhoun County Schools

Secondary Lunch January 2022

Nov 28, 2022

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 2 Winter Break	Jan - 3 Winter Break	Jan - 4 Pizza, Pepperoni 4x6 r Corn, Whole Kernel Romaine Spinach Sala Tomatoes Ranch Dressing Packe Applesauce Milk Choice	Jan - 5 Chicken Tenders Mashed Potatoes Glazed Carrots Whole Wheat Roll Oranges, Mandarin Milk Choice	Jan - 6 Cheese Pizza Dippers Marinara Sauce Pinto Beans Mixed Vegetables, can Fruit Cocktail Milk Choice
Jan - 9 Cheeseburger lettuce & tomato Fries, oven cook straig California Vegetables Mandarin Oranges Cookie, Chocolate Chi Milk Choice	Jan - 10 Chix Sandwich Green Beans Sweet Potatoes Fries Pears Milk Choice	Jan - 11 Chili Grilled Cheese Broccoli Peaches Milk Choice	Jan - 12 Corn dog Baked Beans Creamy Coleslaw Banana Brownie, WG Milk Choice	Jan - 13 Crispito Pinto Beans RICE, Cooked Brown Chopped Romaine and Ranch Dressing Apple Milk Choice
Jan - 16 M. L. King, Jr. Birthday	Jan - 17 Hamburger lettuce & tomato Corn Nuggets Green Beans Pears Milk Choice	Jan - 18 Chicken Penne Breadstick WW Carrots, Frozen Romaine Spinach Sala Tomatoes Ranch Dressing Packe Sorbet, Rasp Swirl, FR Sliced Peaches Milk Choice	Jan - 19 Pizza, Pepperoni 4x6 r Corn, Whole Kernel Romaine Spinach Sala Tomatoes Ranch Dressing Packe Applesauce Milk Choice	Jan - 20 Hotdog Baked Beans Potato, Wedges frozen Creamy Coleslaw Peaches Milk Choice
Jan - 23 Crispito Cheddar Cheese, Shre Pinto Beans RICE, Cooked Brown Chopped Romaine and Ranch Dressing Apple Milk Choice	Jan - 24 Cheeseburger Fries, oven cook straig California Vegetables Mandarin Oranges Cookie, Chocolate Chi Milk Choice	Jan - 25 Eggs, Cheesy Scrambl Sausage, Patty HASHBROWNS Gravy, Counrty Biscuit, Pillsbury WG Cinnamon Rolls Fruit Cocktail Milk Choice	Jan - 26 Hot Wings Romaine Spinach Sala Ranch Dressing Carrot & Celery Sticks Chips, Tortilla Mission Mandarin Oranges Breadstick WW Milk Choice	Jan - 27 Hot Deli Sub Sandwich Chips, Doritos COOL Apple Slices Carrot Sticks w/Dip Cookie, Chocolate Chi Milk Choice
Jan - 30 Hotdog Baked Beans Potato, Wedges frozen Creamy Coleslaw Peaches Milk Choice	Jan - 31 Cheese Pizza Dippers Marinara Sauce Pinto Beans Romaine Spinach Sala Ranch Dressing Brownie, WG Fruit Cocktail Milk Choice			

Meals must have 1/2 cup fruit or vegetable.
Menu is subject to change.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.