

<b>K-2nd</b>		
<b>Dates</b>	<b>PE Group</b>	<b>Activity</b>
<b>August 9-12</b>	1	Exercise rules & procedures
		Hula hoop madness
		Back to back
		Foam Ball passover
		Playground rules & procedures
<b>August 15-19</b>	<b>PE Group</b>	<b>Activity</b>
	2	Exercise rules & procedures
		Hula hoop madness
		Back to back
		Foam Ball passover
		Playground rules & procedures
<b>August 22-26</b>	<b>PE Group</b>	<b>Activity</b>
	1	Polyspots for personal space
		Hula hunter (PS)
		Spaceships
		Far away
		Locomotor laps/Aviator
<b>Aug. 29-Sept 2</b>	<b>PE Group</b>	<b>Activity</b>
	2	Polyspots for personal space
		Hula hunter (PS)
		Spaceships
		Far away

		Locomotor laps/Aviator
<b>Sept. 6-9</b>	<b>PE Group</b>	<b>Activity</b>
	1	Freeze tag
		Animal/Cartoon tag
		Stop, drop, & roll tag
		Toilet tag
		Fitness tag
<b>Sept. 12-16</b>	<b>PE Group</b>	<b>Activity</b>
	2	Freeze tag
		Animal/Cartoon tag
		Stop, drop, & roll tag
		Toilet tag
		Fitness tag
<b>Sept. 19-23</b>	<b>PE Group</b>	<b>Activity</b>
	1	Practice throwing with partner
		Over/underhand practice
		Throwing to target
		Throw tag
		Block Heads
<b>Sept. 26-30</b>	<b>PE Group</b>	<b>Activity</b>
	2	Practice throwing with partner
		Over/underhand practice
		Throwing to target
		Throw tag
		Block Heads

<b>Oct. 3-7</b>	<b>PE Group</b>	<b>Activity</b>
	1	Exercise corner laps
		Freeze tag
		Fitness stations
		Wheel N Deal
		Wheel N Deal
<b>Oct. 10-14</b>	<b>PE Group</b>	<b>Activity</b>
	2	Exercise corner laps
		Freeze tag
		Fitness stations
		Wheel N Deal
		Wheel N Deal
<b>Oct. 17-21</b>		<b>Fall Break</b>
<b>Oct. 24-28</b>	<b>PE Group</b>	<b>Activity</b>
	1	Belly Bumpers
		Belly Bumpers
		Foot tag
		Foot tag
		It's ok to be odd (PE2)
<b>Oct. 31-Nov. 4</b>	<b>PE Group</b>	<b>Activity</b>
	2	Belly Bumpers
		Belly Bumpers
		Foot tag
		Foot tag
		It's ok to be odd (PE2)

<b>Nov. 7-10</b>	<b>PE Group</b>	<b>Activity</b>
	1	Dribbling with a partner
		Polyspot dribbling
		Dribble tag
		Dribble Frenzey
		Trading places (PE2)
<b>Nov. 14-18</b>	<b>PE Group</b>	<b>Activity</b>
	2	Dribbling with a partner
		Polyspot dribbling
		Dribble tag
		Dribble Frenzey
		Trading places (PE2)
<b>Nov. 21-25</b>		Thanksgiving break
<b>Nov. 28- Dec.2</b>	<b>PE Group</b>	<b>Activity</b>
	1	Roll & bowl to partner
		15 lanes of 3 pins
		15 lanes of 3 pins
		bowling tag
		Dicey situation
<b>Dec. 5-9</b>	<b>PE Group</b>	<b>Activity</b>
	2	Roll & bowl to partner
		15 lanes of 3 pins
		15 lanes of 3 pins
		bowling tag
		Dicey situation

<b>Dec. 12-16</b>	<b>PE Group</b>	<b>Activity</b>
	1	Hula Hunter
		Hula Hunter
		CHAOS
		CHAOS
		Cone heads (PE2THEMAX)
<b>Dec. 19-23</b>		Christmas Break
<b>Dec. 26-30</b>		Christmas Break
<b>Jan. 4-6</b>	<b>PE Group</b>	<b>Activity</b>
	2	Hula Hunter
		Hula Hunter
		CHAOS
		CHAOS
		Cone heads (PE2THEMAX)
<b>Jan. 9-13</b>	<b>PE Group</b>	<b>Activity</b>
	1	Jump rope introduction
		Jump rope
		Jump rope
		Jump rope tag (evernote)
		Jump rope tag (evernote)
<b>Jan 17-20</b>	<b>PE Group</b>	<b>Activity</b>
	2	Jump rope introduction
		Jump rope
		Jump rope
		Jump rope tag (evernote)

		Jump rope tag (evernote)
<b>Jan. 23-27</b>	<b>PE Group</b>	<b>Activity</b>
	1	Deal or no deal
		Deal or no deal
		Superman fitness tag
		Bombardment
		Bombardment
<b>Jan. 30- Feb 3</b>	<b>PE Group</b>	<b>Activity</b>
	2	Deal or no deal
		Deal or no deal
		Superman fitness tag
		Bombardment
		Bombardment
<b>Feb. 6-10</b>	<b>PE Group</b>	<b>Activity</b>
	1	Obstacle course
		Noodle tag
		Noodle tag
		Bean bag tic-tac-toe
		Run/Walk/ program intro
<b>Feb. 13-16</b>	<b>PE Group</b>	<b>Activity</b>
	2	Obstacle course
		Noodle tag
		Noodle tag
		Bean bag tic-tac-toe
		Run/Walk/ program intro

<b>Feb. 21-24</b>	<b>PE Group</b>	<b>Activity</b>
	1	Running bases & kicking
		Kickball rules
		Kickball rules
		Kickball
		Kickball
<b>Feb. 27-March 3</b>	<b>PE Group</b>	<b>Activity</b>
	2	Running bases & kicking
		Kickball rules
		Kickball rules
		Kickball
		Kickball
<b>March 6-10</b>	<b>PE Group</b>	<b>Activity</b>
	1	Practice striking with t-ball stand
		Practice striking with t-ball stand
		Practice striking with t-ball stand
		Practice striking with t-ball stand
		Practice striking with t-ball stand
<b>March 13-17</b>	<b>PE Group</b>	<b>Activity</b>
	2	Practice striking with t-ball stand
		Practice striking with t-ball stand
		Practice striking with t-ball stand
		Practice striking with t-ball stand
		Practice striking with t-ball stand
<b>March 20-24</b>	<b>PE Group</b>	<b>Activity</b>

	1	Throwing frisbee to target
		Throwing frisbee to target
		Throwing frisbee to target
		Catching frisbee
		Catching frisbee
<b>March 27-31</b>		<b>Spring Break</b>
<b>April 3-7</b>	<b>PE Group</b>	<b>Activity</b>
	2	Throwing frisbee to target
		Throwing frisbee to target
		Throwing frisbee to target
		Catching frisbee
		Catching frisbee
<b>April 10-14</b>	<b>PE Group</b>	<b>Activity</b>
	1	Over/under relay
		Dizzy bat relay
		Timed relay
		Exercise relay
		Walking/running program
<b>April 17-21</b>	<b>PE Group</b>	<b>Activity</b>
	2	Over/under relay
		Dizzy bat relay
		Timed relay
		Exercise relay
		Walking/running program
<b>April 24-27</b>	<b>PE Group</b>	<b>Activity</b>



	1	Water relay
		Tug of war (boys)
		Tug of war (girls)
		Sack Race (boys)
		Sack Race (girls)
<b>May 1-5</b>	<b>PE Group</b>	<b>Activity</b>
	2	Water relay
		Tug of war (boys)
		Tug of war (girls)
		Sack Race (boys)
		Sack Race (girls)
<b>May 8-12</b>	<b>PE Group</b>	<b>Activity</b>
	1	Shadow tag (boys)
		Shadow tag (girls)
		Chicken game (boys)
		Chicken game (girls)
		Circle game (run on #)
<b>May 15-19</b>	<b>PE Group</b>	<b>Activity</b>
	2	Shadow tag (boys)
		Shadow tag (girls)
		Chicken game (boys)
		Chicken game (girls)
		Circle game (run on #)
<b>May 22-25</b>		Walking/running program